Changing Focus:

Parents Reflecting on Hope during Hospice through Photovoice

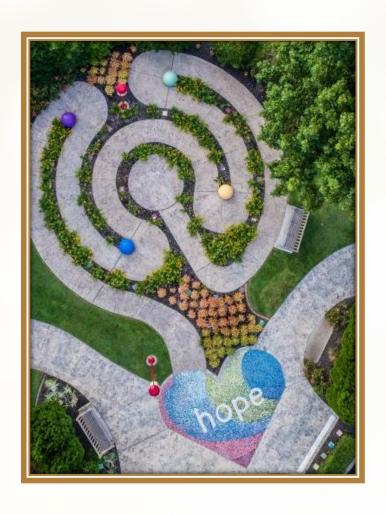
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St. Jude Children's Research Hospital

Finding cures. Saving children.

Background: Defining Hope



Desire for a possible but uncertain goal.

How do parents define & describe hope when their child is seriously ill?

Background: Hope in Serious Illness



- ❖ Hopeful for...
 - Cure
 - Child to feel loved
 - Quality of life
 - Do all they could for the child Sisk, Kang, & Mack. PBC. 2018.
- ♣ Hope persists, even if prognosis is poor.
 Levine, Cuviello, Nelson, et al. JCO. 2021.
- Parents may see 'hope' as essential to being a good parent.

Keene Reder & Serwint, JAMA Ped. 2009.

❖ Hope influences coping & decisions.
Feudtner, Carroll, Hexem, et al. JAMA Ped. 2010.

Hope Springs Eternal

Kaye et al.; St. Jude Quality of Life Steering Council. Bereaved Parents, Hope, and Realism. Pediatrics. 2020.

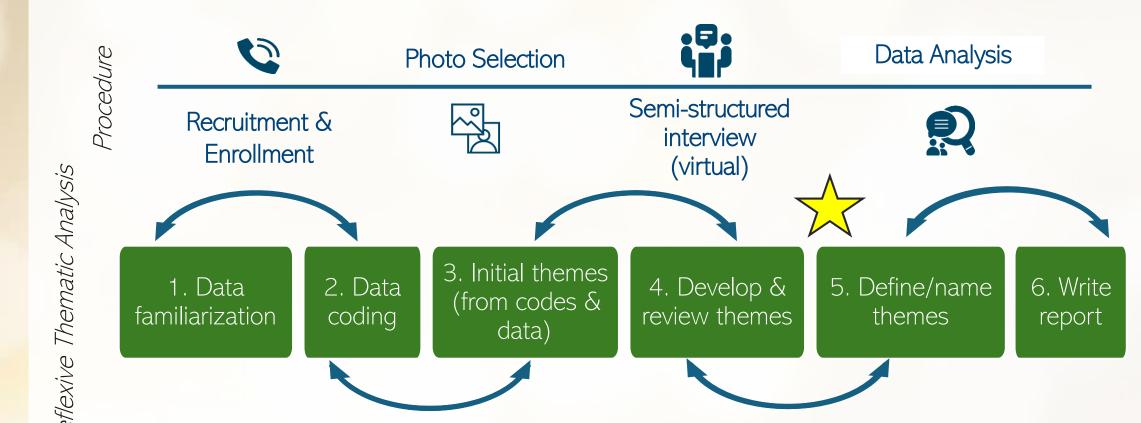
Background: Gaps

- * Hope is understudied in pediatric cancer, especially in hospice.
- ❖ Hope during hospice is difficult to study...
 - Complex, abstract topic
 - Emotionally & logistically complex setting



Methods

- Design: Qualitative participant-generated photo-elicitation interview study.
- Participants: Parents of children who died on hospice 6-24 months prior.
 - o English or Spanish speaking
- Setting: Comprehensive pediatric hem-onc center in the southeast U.S.



Results

♦ 19 parents of children who died from cancer were interviewed.

			n (%) or Median
Demographic & Clinical Characteristics	Gender	Female Male	(Range) 8 (42%) 11 (58%)
	Race & Ethnicity	African American/Black Asian White (may select multiple)	3 (16%) 2 (11%) 16 (84%)
	Age	Hispanic At diagnosis At death	4 (21%) 13y (2m - 18y) 14y (2y - 21y)
	Diagnosi s	Brain/CNS Tumor Leukemia/Lymphom a Solid Tumor	5 (26%) 8 (42%)
Ď		Died at Home	10 (56%)

			n (%) or Median (Range)
B) Parent Characteristics	Gende	Female Male	15 (79%) 4 (21%)
	race, Ethnicity,	African American/Black Asian White	2 (11%) 1 (5%) 16 (84%)
		Hispanic English Spanish	4 (21%) 16 (84%) 3 (16%)
	Religion Geography	Midwest U.S. Southeast U.S. Southwest U.S. Central America	2 (11%)
	Religion	Christian Catholic Hindu None	13 (68%) 4 (21%) 1 (5%) 1 (5%)
		Months Bereaved	14m (7m -

Thematic Analysis

Theme 1: Hope Changes Focus

Theme 2: Hope is Shown by the Child's Radiance

Theme 3: Awareness of Loss Casts a Shadow

Theme 4: Beliefs, Spirituality, & Values are a Lens through which Hope is Seen

Theme 5: Supportive Clinicians Hear, See, and Honor Families Outlook

Theme 1: Hope Changes Focus



"I think there's a point in time in treatment and in the life of it that your hope don't diminish. It just changes focus."



Theme 2: Hope is Shown by the Child's Radiance



"She was a joy-filled little girl. She found happiness in the darkest times."



Theme 3: Awareness of Loss Casts a Shadow



"When you know they might die at any moment...you've got that kind of dark cloud hanging over you."



Theme 4: Beliefs, Spirituality, & Values are a Lens for Hope



"[She] took her last breath in that room. But she is not there. Jesus literally parted the sea as we were all standing there around her bed."



Theme 5: Supportive Clinicians Hear, See, and Honor the Family's Outlook

Facilitators

- Holistic understanding of child & family dynamics over time
- Palliative Care
- Child life
- Psychosocial/spiritual

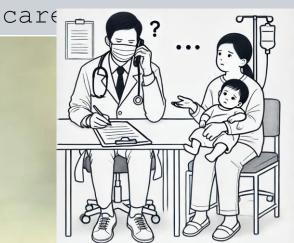
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"The [hospital staff] were able to find the hope when there was no hope to be found. In that picture, I remember losing all hope. But a smile, a hug, a 'they remembered me,' helped take those bad thoughts away for a bit."

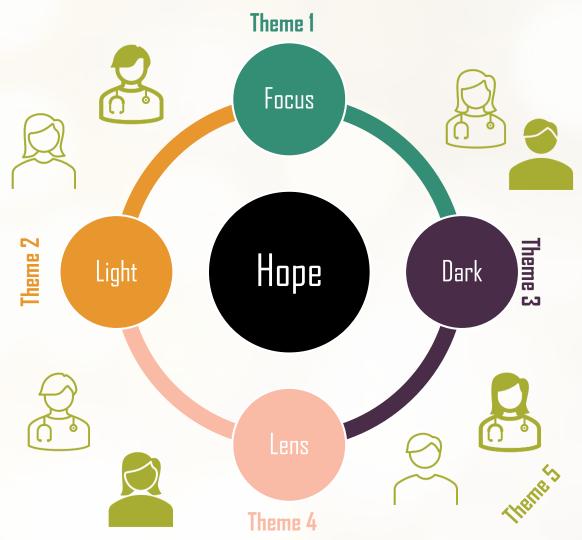
Barriers

- Misunderstood hopes
- Poor communication
- Hospice inexperienced with children.
- Gaps in hospice



- Promote clinician understanding
- Develop supportive interventions



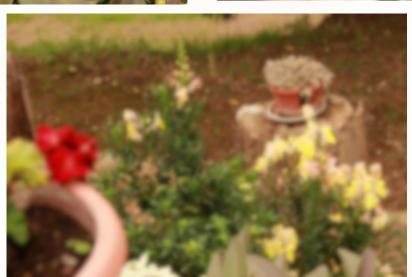












What is the focus of this parent's hope right now?

Where does this parent see glimmers of hope?

How can I align with parents in celebration of the good?



What is casting shadows?

How can I recognize or grieve the darkness with families?

What values, beliefs, and worldviews are coloring a family's outlook on

Conclusion

Hospice is a time where hope is complex & evolving.

Seeking to understand the dimensions to a family's hope may help clinicians better support families.

Thank you!

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